

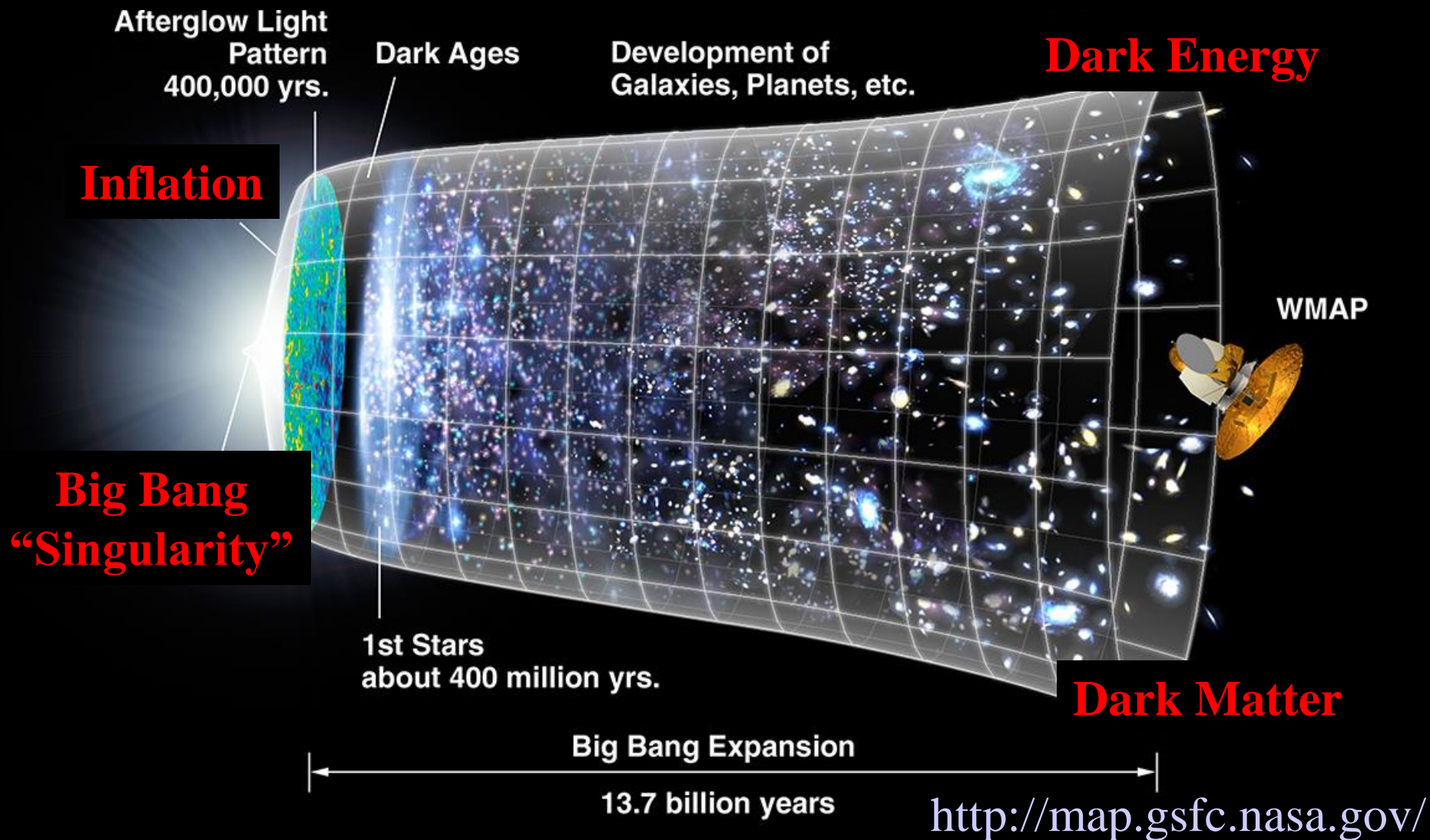
Ghost condensation as the simplest Higgs phase of gravity

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(YITP, Kyoto)**

Based on collaborations with

N. Arkani-Hamed, H.-C. Cheng, P. Creminelli, T. Furukawa, K. Ichiki, K. Izumi, S. Jazayeri, M. Luty, R. Saitou, N. Sugiyama, J. Thaler, Y. Watanabe, T. Wiseman, M. Zaldarriaga

Why alternative gravity theories?



Three conditions for good alternative theories of gravity (my personal viewpoint)

1. Theoretically consistent
e.g. no ghost instability
2. Experimentally viable
solar system / table top experiments
3. Predictable
e.g. protected by symmetry

Some examples

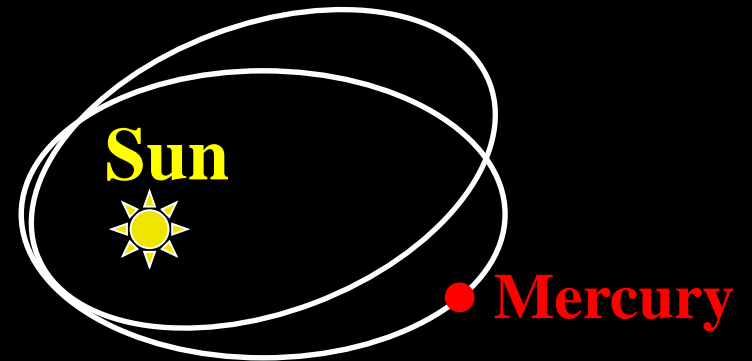
- I. Ghost condensation
IR modification of gravity
motivation: dark energy/matter
- II. Nonlinear massive gravity
IR modification of gravity
motivation: “Can graviton have mass?”
- III. Horava-Lifshitz gravity
UV modification of gravity
motivation: quantum gravity
- IV. Superstring theory
UV modification of gravity
motivation: quantum gravity, unified theory

A motivation for IR modification

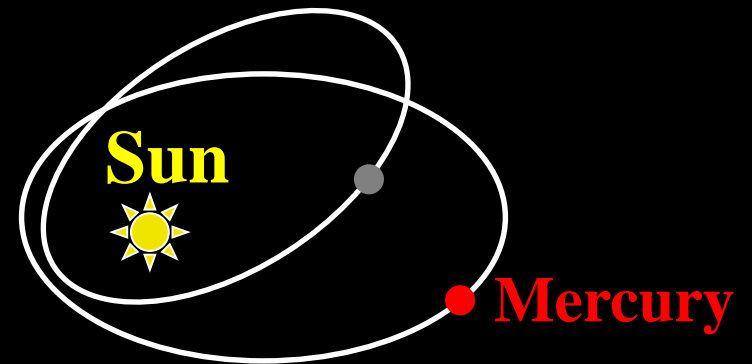
- Gravity at long distances
Flattening galaxy rotation curves
extra gravity
Dimming supernovae
accelerating universe
- Usual explanation: new forms of matter (DARK MATTER) and energy (DARK ENERGY).

Dark component in the solar system?

Precession of perihelion
observed in 1800's...



which people tried to
explain with a “dark
planet”, Vulcan,



But the right answer wasn't “dark planet”, it was
“change gravity” from Newton to GR.

Can we change gravity in IR?

➤ Change Theory?

Massive gravity

Fierz-Pauli 1939

DGP model

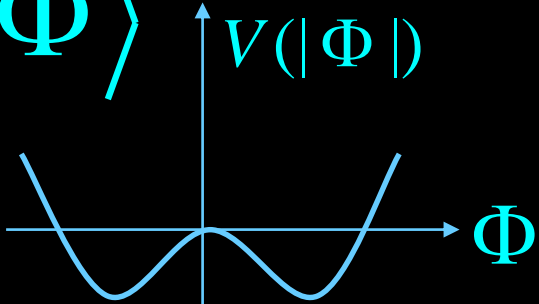
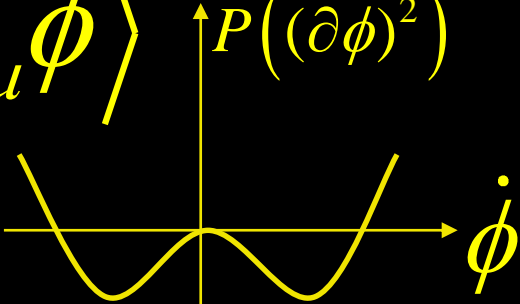
Dvali-Gabadadze-Porrati 2000

➤ Change State?

Higgs phase of gravity

The simplest: Ghost condensation

Arkani-Hamed, Cheng, Luty and Mukohyama, JHEP 0405:074,2004.

| | Higgs mechanism | Ghost condensate Arkani-Hamed, Cheng, Luty and Mukohyama 2004 |
|-----------------------------|--|--|
| Order parameter | $\langle \Phi \rangle$  | $\langle \partial_\mu \phi \rangle$  |
| Instability | Tachyon $-\mu^2 \Phi^2$ | Ghost $-\dot{\phi}^2$ |
| Condensate | $V'=0, V''>0$ | $P'=0, P''>0$ |
| Broken symmetry | Gauge symmetry | Time translational symmetry |
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| New force law | Yukawa type | Newton+Oscillation |

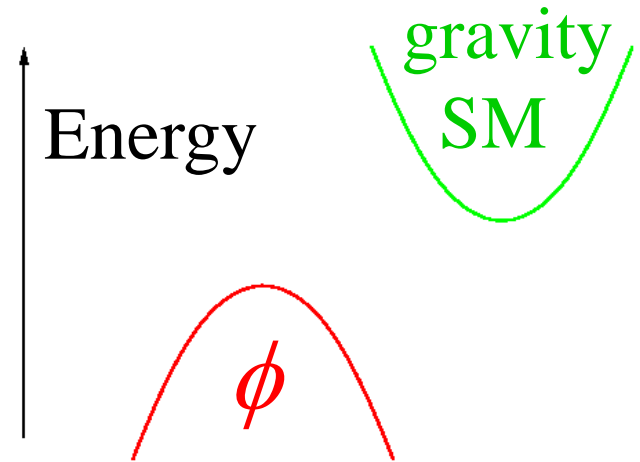
Ghost condensation

Arkani-Hamed, Cheng, Luty and Mukohyama, JHEP 0405:074,2004

Suppose

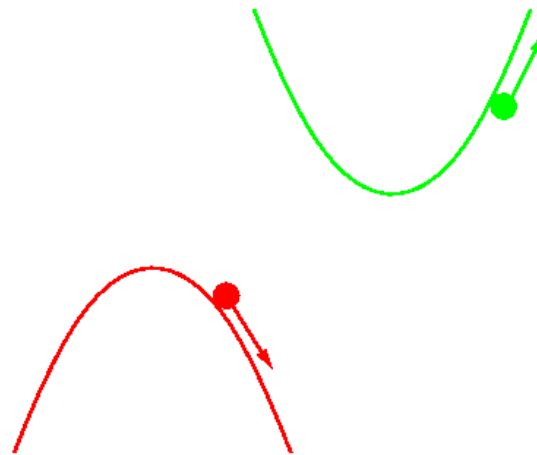
$$L = L_{grav} + L_{SM} + L_{\phi}$$

$$L_{\phi} = -(\partial\phi)^2 + \dots$$



Any coupling \Rightarrow instability

Vacuum \Rightarrow



In analogy with Higgs potential, can this be stabilized?

$$L_\phi = M^4 \left[-(\partial\phi)^2 + (\partial\phi)^4 \dots \right] \quad ?$$

(+----)

Clearly $(\partial\phi)^4 \dots$ are higher dim ops. Really we should consider

$$L_\phi = P((\partial\phi)^2) + \tilde{P}((\partial\phi)^2) Q(\square\phi) + \dots$$

(Shift symmetry is assumed.)

Naively no sensible EFT.

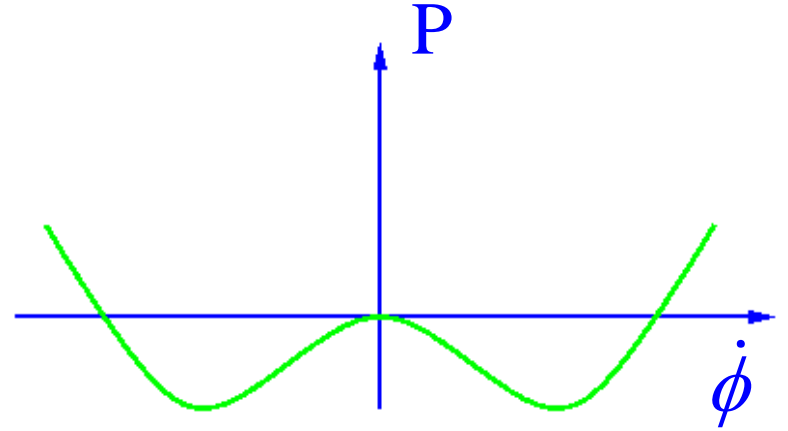
NOT THE CASE.

There is a sensible EFT + derivative expansion.

For simplicity

$$L_\phi = P((\partial\phi)^2)$$

in flat background.



Eq of motion

$$\partial_\mu [P' \cdot \partial^\mu \phi] = 0$$

Clearly any $\partial_\mu \phi = \text{constant}$ is a solution!

Suppose $\partial_\mu \phi = \text{constant} + \text{timelike}$.

Go to frame where

$$\dot{\phi} = c, \partial_i \phi = 0 \Rightarrow \phi = ct$$

Solution for any c!

In this language, we can have a good EFT because the background sits at some value c .

⇒ doesn't sample entire function $P((\partial\phi)^2)$.
Taylor expansion of $P((\partial\phi)^2)$ around $(\partial\phi)^2 = c^2$ makes perfect sense.

Small fluctuations controlled by small # of parameters at low energies.

Look at small fluctuations

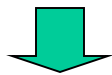
$$\phi = ct + \pi$$

$$S = \int d^4x \left[\left(P'(c^2) + 2c^2 P''(c^2) \right) \dot{\pi}^2 - P'(c^2) \cdot (\nabla \pi)^2 \right]$$

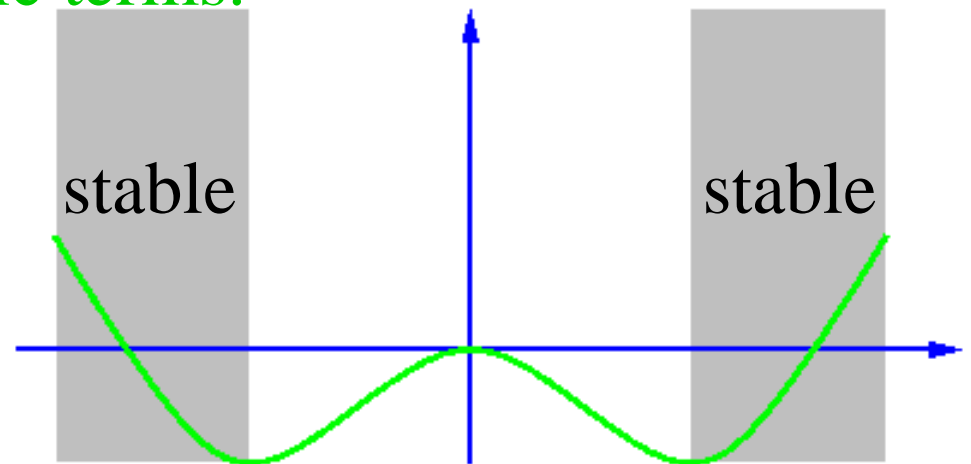
So for $P'(c^2) + 2c^2 P''(c^2) > 0$

$$P'(c^2) > 0$$

NORMAL sign kinetic terms.



STABLE



So far, possible backgrounds are labeled by continuous parameter c .

Situation changes in presence of gravity, in expanding universe.

$$ds^2 = dt^2 - a^2(t) d\vec{x}^2$$

$$S = \int d^4x \sqrt{-g} P(g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi)$$

$$T_{\mu\nu} \sim P g_{\mu\nu} + P' \partial_\mu \phi \partial_\nu \phi$$

E.O.M.

$$\partial_t [a^3 P' \cdot \dot{\phi}] = 0 \implies P' \dot{\phi} \rightarrow 0 \text{ as } a \rightarrow \infty$$

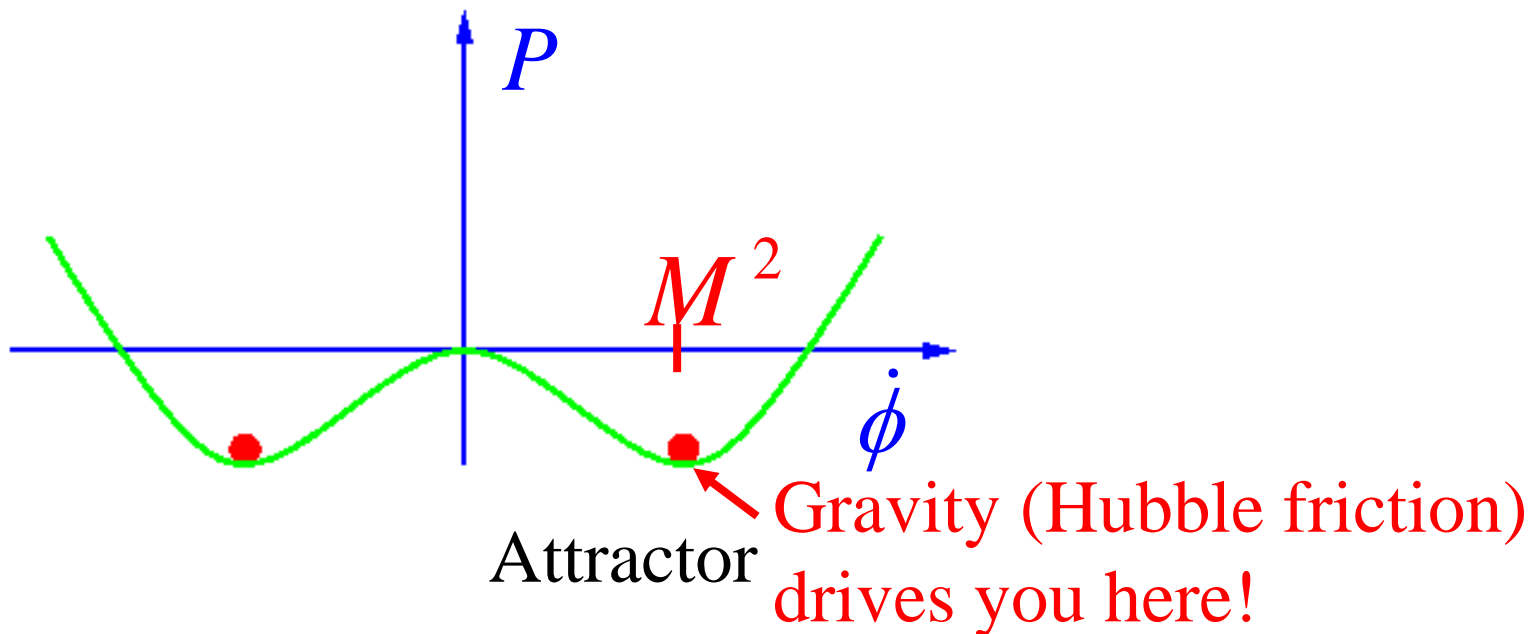


$$\dot{\phi} = 0$$

or

$$P'(\dot{\phi}^2) = 0$$

(unstable ghost background)



In this language, we can have a good EFT because the background sits at the special value.

⇒ doesn't sample entire function $P((\partial\phi)^2)$.
Taylor expansion of $P((\partial\phi)^2)$ around $(\partial\phi)^2 = M^4$ makes perfect sense.

Small fluctuations controlled by small # of parameters at low energies.

Look at small perturbations $\phi = M^2 t + \pi$

$$\int d^4 x \left[\left(P'(M^4) + M^4 P''(M^4) \right) \dot{\pi}^2 - P'(M^4) (\nabla \pi)^2 \right]$$

⇒ No spatial kinetic term for π !

Other terms $\tilde{P}((\partial\phi)^2) Q(\square\phi) + \dots$

do contain spatial kinetic terms but at least

$$\begin{aligned} & (\nabla^2 \pi)^2 + \dots \\ \Rightarrow \text{Low energy } S = \int d^4 x \left[\frac{1}{2} \dot{\pi}^2 - \frac{\alpha}{M^2} (\nabla^2 \pi)^2 + \dots \right] & \quad \boxed{\omega^2 \approx \frac{k^4}{M^2}} \end{aligned}$$

Positive definite Hamiltonian $\int d^3 x \left[\frac{1}{2} \dot{\pi}^2 + \frac{\alpha}{M^2} (\nabla^2 \pi)^2 + \dots \right]$

⇒ STABLE!

Systematic construction of Low-energy effective theory

Arkani-Hamed, Cheng, Luty and Mukohyama, JHEP 0405:074,2004

Backgrounds characterized by

✧ $\langle \partial_\mu \phi \rangle \neq 0$ and timelike

✧ Background metric is maximally symmetric, either Minkowski or dS.



$$L_{\text{eff}} = L_{\text{EH}} + M^4 \left\{ (h_{00} - 2\dot{\pi})^2 - \frac{\alpha_1}{M^2} (K + \vec{\nabla}^2 \pi)^2 - \frac{\alpha_2}{M^2} (K^{ij} + \vec{\nabla}^i \vec{\nabla}^j \pi) (K_{ij} + \vec{\nabla}_i \vec{\nabla}_j \pi) + \dots \right\}$$

Gauge choice: $\phi(t, \vec{x}) = t$. $\pi \equiv \delta\phi = 0$
(Unitary gauge)

Residual symmetry: $\vec{x} \rightarrow \vec{x}'(t, \vec{x})$

→ Write down most general action invariant under this residual symmetry.

(→ Action for π : undo unitary gauge!)

Start with flat background $g_{\mu\nu} = \eta_{\mu\nu} + h_{\mu\nu}$

$$\delta h_{\mu\nu} = \partial_{\mu}\xi_{\nu} + \partial_{\nu}\xi_{\mu}$$

Under residual ξ^i

$$\delta h_{00} = 0, \delta h_{0i} = \partial_0 \xi_i, \delta h_{ij} = \partial_i \xi_j + \partial_j \xi_i$$

Action invariant under ξ^i

Beginning at quadratic order, since we are assuming flat space is good background.

$$\left\{ \begin{array}{l} (h_{00})^2 \text{ OK} \\ \cancel{(h_{0i})^2} \\ K^2, K^{ij} K_{ij} \text{ OK} \end{array} \right.$$

$$K_{ij} = \frac{1}{2} (\partial_0 h_{ij} - \partial_j h_{0i} - \partial_i h_{0j})$$

$$\Rightarrow L_{eff} = L_{EH} + M^4 \left\{ (h_{00})^2 - \frac{\alpha_1}{M^2} K^2 - \frac{\alpha_2}{M^2} K^{ij} K_{ij} + \dots \right\}$$

Action for π

$$\xi^0 = \pi \quad \left\{ \begin{array}{l} h_{00} \rightarrow h_{00} - 2\partial_0 \pi \\ K_{ij} \rightarrow K_{ij} + \partial_i \partial_j \pi \end{array} \right.$$

$$\Rightarrow L_{eff} = L_{EH} + M^4 \left\{ (h_{00} - 2\dot{\pi})^2 - \frac{\alpha_1}{M^2} (K + \vec{\nabla}^2 \pi)^2 - \frac{\alpha_2}{M^2} (K^{ij} + \vec{\nabla}^i \vec{\nabla}^j \pi) (K_{ij} + \vec{\nabla}_i \vec{\nabla}_j \pi) + \dots \right\}$$

$$E \rightarrow rE$$

$$dt \rightarrow r^{-1}dt$$

$$dx \rightarrow r^{-1/2}dx$$

$$\pi \rightarrow r^{1/4}\pi$$

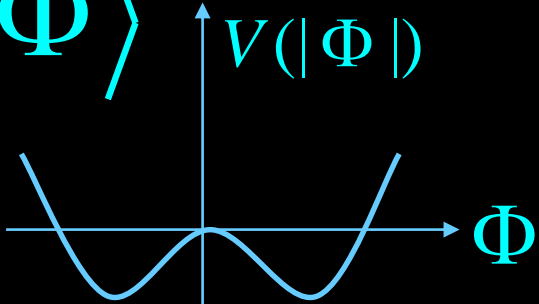
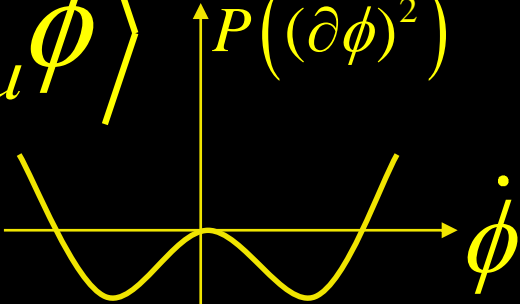
Make
invariant

$$\rightarrow \int dt d^3x \left[\frac{1}{2} \dot{\pi}^2 - \frac{\alpha (\vec{\nabla}^2 \pi)^2}{M^2} + \dots \right]$$

Leading nonlinear operator in infrared $\int dt d^3x \frac{\dot{\pi} (\nabla \pi)^2}{\tilde{M}^2}$

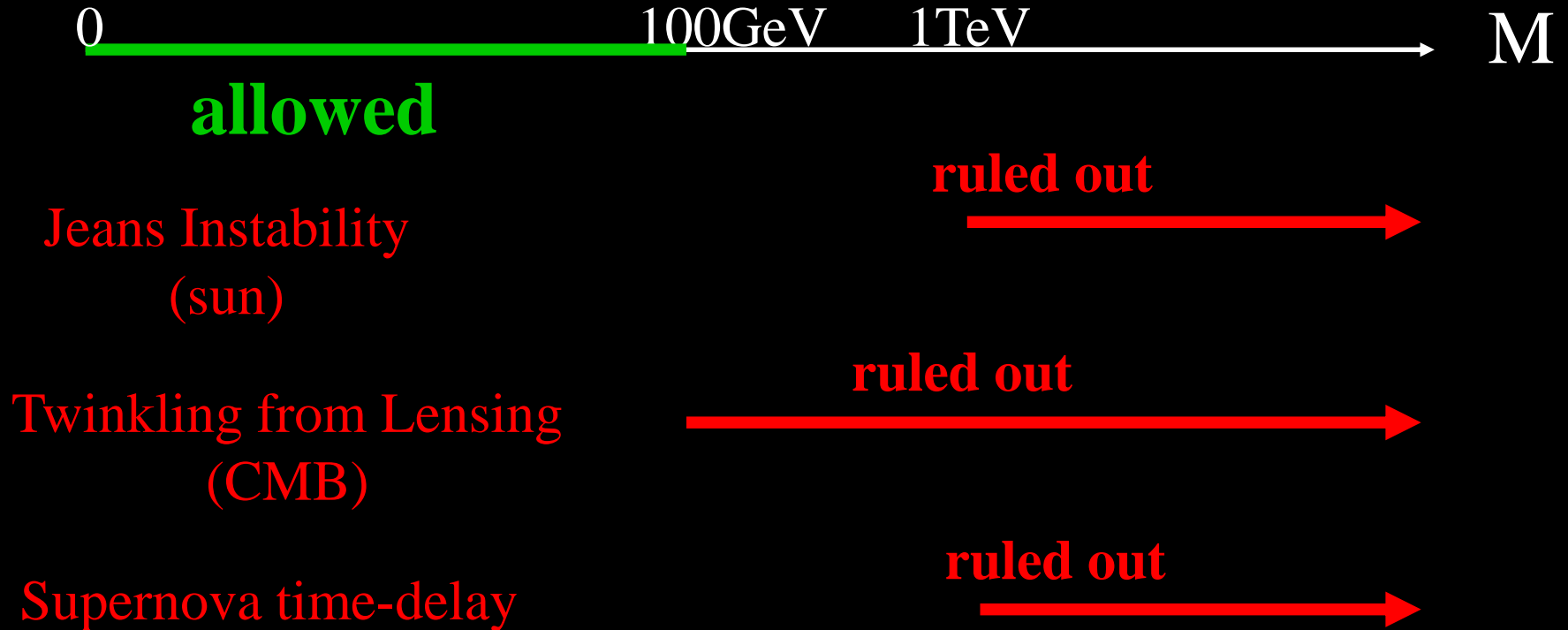
has scaling dimension 1/4. **(Barely) irrelevant**

⇒ **Good low-E effective theory**
Robust prediction

| | Higgs mechanism | Ghost condensate Arkani-Hamed, Cheng, Luty and Mukohyama 2004 |
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| Order parameter | $\langle \Phi \rangle$  | $\langle \partial_\mu \phi \rangle$  |
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Bounds on symmetry breaking scale M

Arkani-Hamed, Cheng, Luty and Mukohyama and Wiseman, JHEP 0701:036,2007



So far, there is no conflict with experiments and observations if $M < 100\text{GeV}$.

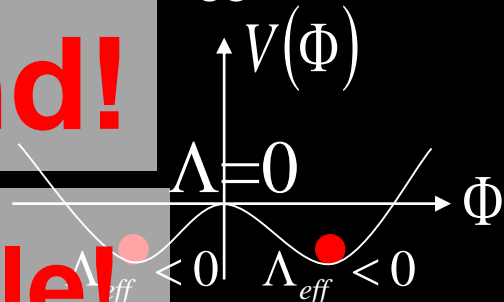
Ghost condensation

- Ghost condensation is **the simplest Higgs phase of gravity**.
- The low-E EFT is determined by the symmetry breaking pattern. **No ghost in the EFT**.
- **Gravity is modified in IR**.
- Consistent with experiments and observations if **$M < 100\text{GeV}$** .

Can be an alternative to DE/DM?

$P((\partial\phi)^2)$ **Yes, for FLRW background!**

Usual Higgs mechanism



$\Lambda = 0$

$w < -1$ is also possible!

Creminelli, Luty, Nicolis and Senatore, JHEP0612:080, 2006

Also for linear perturbation!

Present value



DE like

Non-linear dynamics?

DM like component

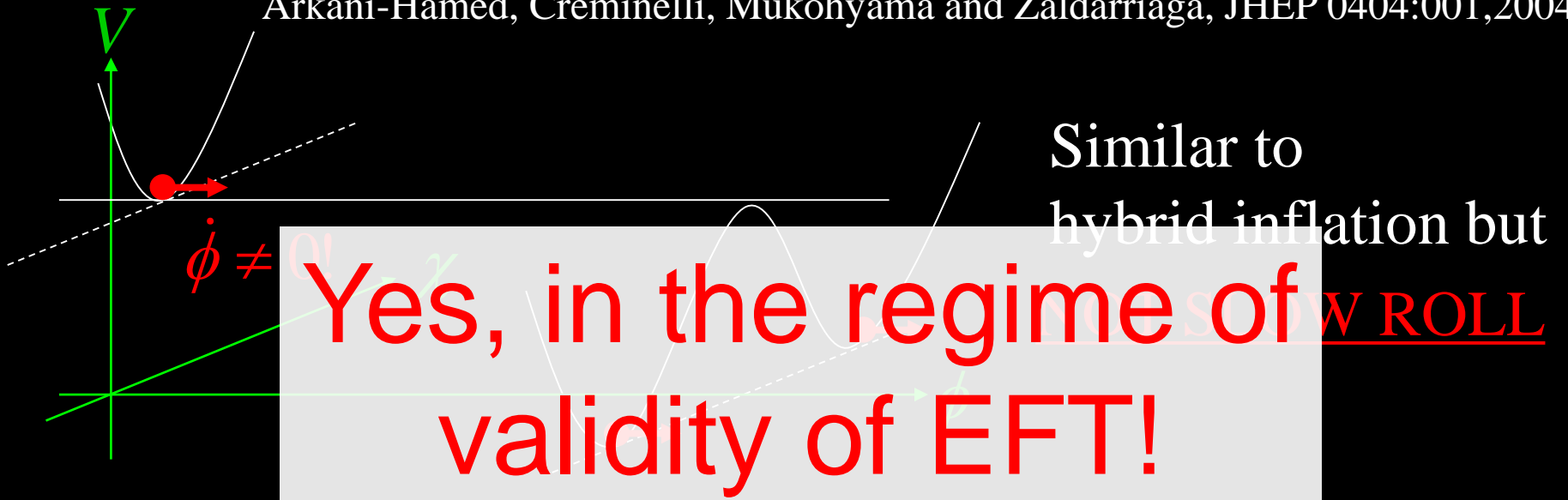
component

Condensate

Can drive inflation?

Ghost inflation:

Arkani-Hamed, Creminelli, Mukohyama and Zaldarriaga, JHEP 0404:001,2004



Scale-invariant perturbations

cf. tilted ghost inflation, Senatore (2004)

$$\frac{\delta\rho}{\rho} \sim \frac{H\delta\pi}{\dot{\phi}} \sim \left(\frac{H}{M}\right)^{5/4}$$

scaling dim of π

$\delta\pi \sim M \cdot (H/M)^{1/4}$ $\dot{\phi} \sim M^2$

[compare $\frac{H}{M_{Pl}\sqrt{\epsilon}}$]

Prediction of Large non-Gauss.

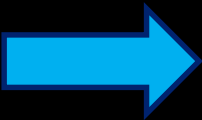
Leading non-linear interaction $\beta \frac{\dot{\pi}(\nabla \pi)^2}{M^2}$

non-G of $\sim \beta \left(\frac{H}{M}\right)^{1/4}$ ← scaling dim of op.
 $\sim \beta \left(\frac{\delta\rho}{\rho}\right)^{1/5}$

$$\int dt d^3x \left[\frac{1}{2} \dot{\pi}^2 - \frac{\alpha(\vec{\nabla}^2 \pi)^2}{M^2} + \dots \right]$$

[Really “0.1” $\times (\delta\rho/\rho)^{1/5} \sim 10^{-2}$. **VISIBLE.**

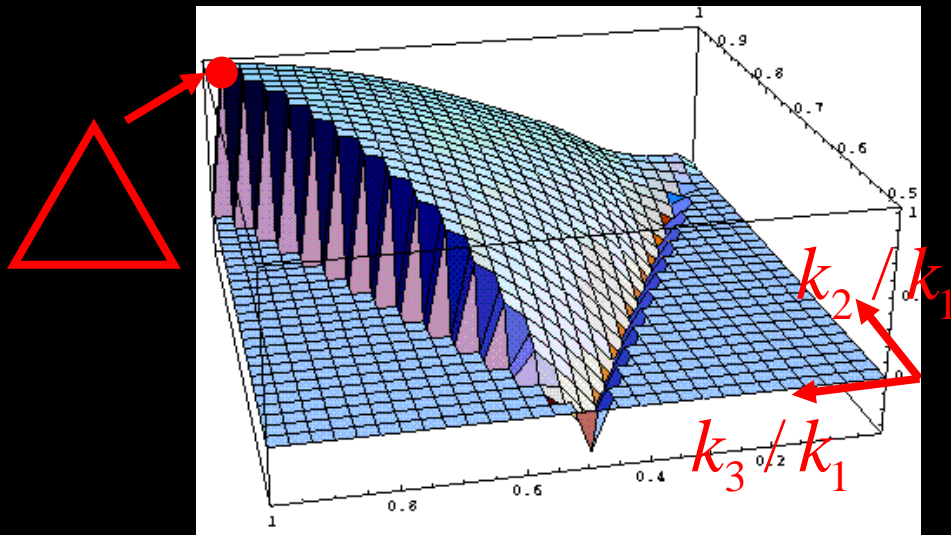
In usual inflation, non-G $\sim (\delta\rho/\rho) \sim 10^{-5}$ too small.]

 $f_{\text{NL}} \sim 82 \beta \alpha^{-4/5}$, equilateral type

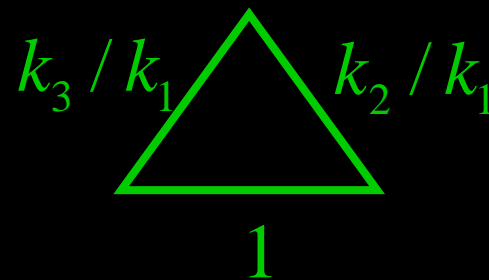
Planck 2015 constraint (equilateral type)

$$f_{\text{NL}} = -4 \pm 43 \text{ (68\% CL statistical)} \Rightarrow -0.6 \leq \beta \alpha^{-4/5} \leq 0.5$$

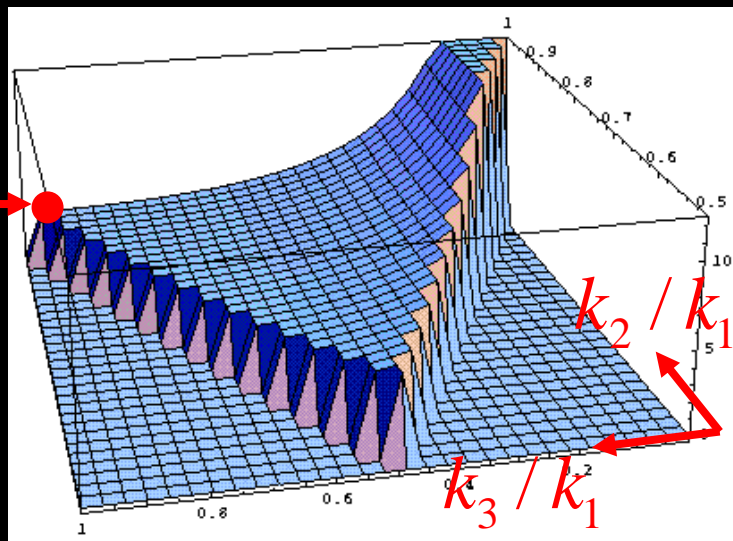
3-point function for ghost inflation



$$F(k_1, k_2, k_3) = \frac{1}{k_1^6} F\left(\frac{k_2}{k_1}, \frac{k_3}{k_1}\right)$$



3-point function for “local” non-G



$$\zeta = \zeta_G - \frac{3}{5} f_{NL} \cdot (\zeta_G^2 - \langle \zeta_G^2 \rangle)$$

Prediction of Large non-Gauss.

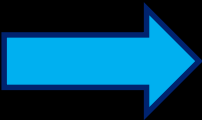
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Summary so far

- Ghost condensation is **the simplest Higgs phase of gravity**.
- The low-E EFT is determined by the symmetry breaking pattern.
No ghost in the EFT.
- **Gravity is modified in IR.**
- Consistent with experiments and observations if **$M < 100\text{GeV}$** .
- **Behaves like DE/DM** for FLRW background and large-scale linear perturbation.
- Ghost inflation predicts **large non-Gaussianity** and is still consistent with Planck data.

Ghost inflation and de Sitter entropy bound

S.Jazayeri, S.Mukohyama, R.Saitou, Y.Watanabe 2016

- **Black holes & cosmology** in gravity theories are **as important as Hydrogen atoms & blackbody radiation** in quantum mechanics
- Provide **non-trivial tests** for theories of gravity e.g. black-hole entropy in string theory
- **Does the theory of ghost condensation pass those tests?**
- **Ghost condensation can be consistent with BH thermodynamics** (Mukohyama 2009, 2010)
- **How about de Sitter thermodynamics?**

de Sitter thermodynamics

- de Sitter (dS) spacetime is one of the three spacetimes with maximal symmetry
- dS horizon has temperature $T_H = H/(2\pi)$
- In quantum gravity, a dS space is probably unstable (e.g. KKLT, Susskind, ...). So, let's consider **a dS space as a part of inflation**
- Friedmann equation \rightarrow
1st law with entropy $S = A/(4G_N) = \pi/(G_N H^2)$
(This is in contrast with analogue gravity systems.)

de Sitter entropy bound

Arkani-Hamed, et.al. 2007

- Slow roll inflation (non-eternal)

$$\dot{H} = -4\pi G_N \dot{\phi}^2$$

$$S = \pi / (G_N H^2) \quad dN = H dt$$

$$\frac{\delta\rho}{\rho} \sim \frac{\delta a}{a} \sim H \delta t \sim H \frac{\delta\phi}{\dot{\phi}} \sim \frac{H^2}{\dot{\phi}}$$

$$\frac{dS}{dN} = \frac{8\pi^2 \dot{\phi}^2}{H^4} \sim \left(\frac{\delta\rho}{\rho} \right)^{-2}$$

$$|\delta\rho/\rho| \lesssim 1 \quad \text{for non-eternal inflation}$$

$$N_{\text{tot}} \lesssim S_{\text{end}} - S_{\text{beginning}} < S_{\text{end}}$$

de Sitter entropy bound

Arkani-Hamed, et.al. 2007

- Eternal inflation

$$\delta\rho/\rho \gtrsim 1 \quad \rightarrow \quad \Delta N \gtrsim \Delta S.$$

- Fluctuation generated during eternal epoch would collapse to form BH \rightarrow unobservable!

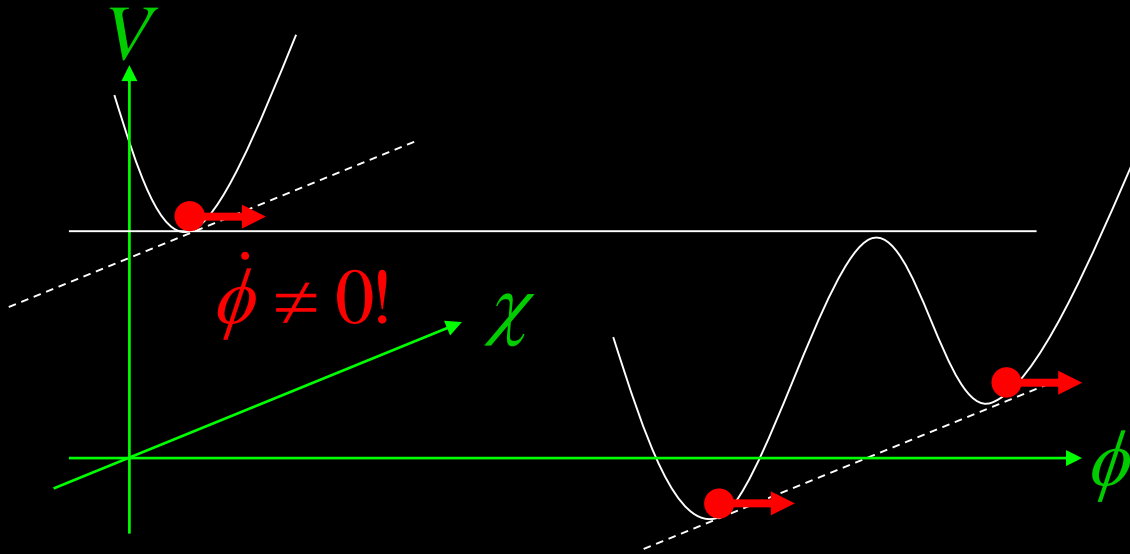


$$N_{\text{obs}} \lesssim S_{\text{end}}$$

- This bound holds for a large class of models of inflation
- Does ghost inflation satisfy the bound?

Ghost inflation

Arkani-Hamed, Creminelli, Mukohyama and Zaldarriaga, JHEP 0404:001,2004



Similar to hybrid inflation but **NOT SLOW ROLL**

Scale-invariant perturbations

cf. tilted ghost inflation, Senatore (2004)

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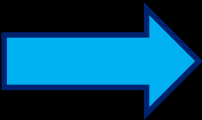
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$$N_{\text{obs}} \lesssim S_{\text{end}}$$

- This bound holds for a large class of models of inflation
- Does ghost inflation satisfy the bound?
The answer appears to be “no” since N_{tot} can be arbitrarily large. **Swampland?**

Lower bound on Λ ?

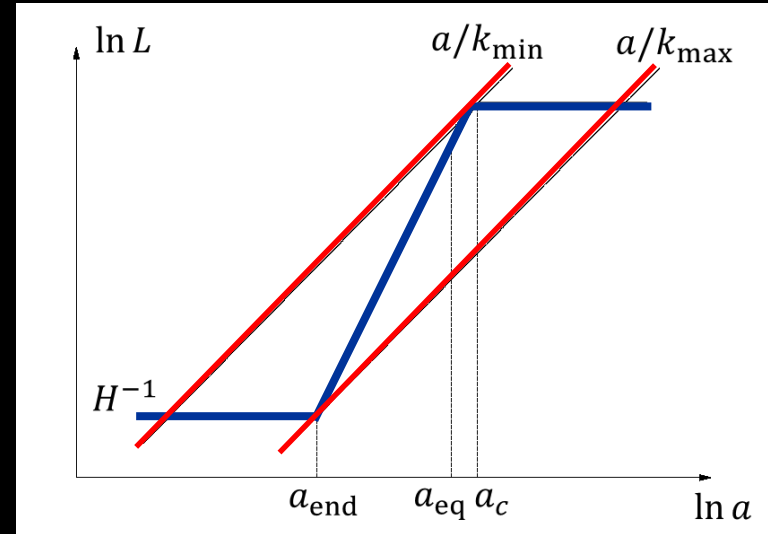
S.Jazayeri, S.Mukohyama, R.Saitou, Y.Watanabe 2016

- Tiny Λ prevents earlier inflationary modes from being observed.

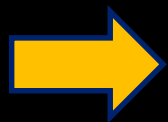
$$\frac{a_{\text{end}}}{a_{\text{reh}}} \sim \left(\frac{\rho_{\text{reh}}}{\rho_{\text{inf}}} \right)^{1/3} \quad \frac{a_{\text{reh}}}{a_{\text{eq}}} \sim \left(\frac{s_{\text{eq}}}{s_{\text{reh}}} \right)^{1/3}$$

$$\ddot{a}(t = t_c) = 0 \quad \text{with}$$

$$6M_{\text{Pl}}^2 \frac{\ddot{a}}{a} = -\rho_{\text{m}}^{\text{eq}} \left(\frac{a_{\text{eq}}}{a} \right)^3 + 2\rho_{\Lambda}$$



- $N_{\text{obs}} \sim \ln(k_{\text{max}}/k_{\text{min}}) \lesssim S = \pi/(G_{\text{N}}H^2)$



$$\Omega_{\Lambda} \gtrsim \exp \left[-10^{42} \left(\frac{M}{100 \text{ GeV}} \right)^{-2} \right] \quad M \lesssim 100 \text{ GeV}$$

- In our universe, $\Omega_{\Lambda} = O(1)$ and thus the bound is **well satisfied**.

Cosmological Page time

S.Jazayeri, S.Mukohyama, R.Saitou, Y.Watanabe 2016

- Hawking rad from BH $\rightarrow S_{\text{rad}} = S_{\text{ent}}$ increases but $S_{\text{BH}} (\geq S_{\text{ent}})$ decreases \rightarrow semi-classical description should break down @ Page time, when $S_{\text{BH}} \sim$ half of $S_{\text{BH,init}}$
- After inflation, we expect to see $O(1)$ deviation from semi-classical description @ Page time, when $N_{\text{obs}} \sim S_{\text{end}}$
- For example, if Λ decays at $a=a_{\text{decay}}$ then

$$\frac{a_{\text{Page}}}{a_{\text{decay}}} \sim \left(\frac{M}{100 \text{ GeV}} \right)^{-1} \left(\frac{a_{\text{decay}}}{a_{\text{eq}}} \right)^2 \exp \left[10^{42} \left(\frac{M}{100 \text{ GeV}} \right)^{-2} \right]$$

Summary

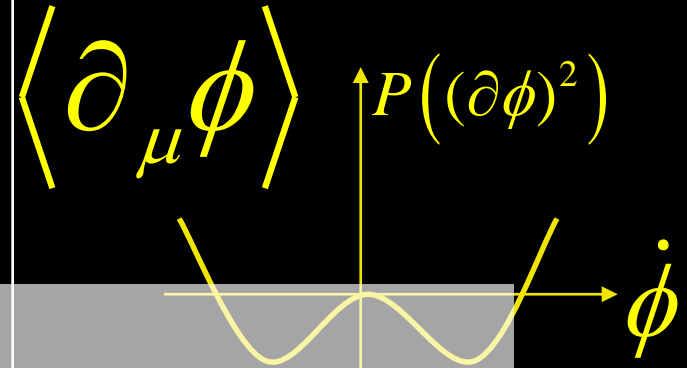
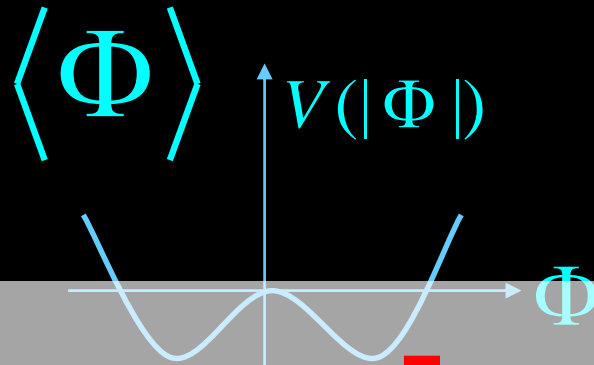
- Ghost condensation is **the simplest Higgs phase of gravity**.
- The low-E EFT is determined by the symmetry breaking pattern.
No ghost in the EFT.
- **Gravity is modified in IR.**
- Consistent with experiments and observations if **$M < 100\text{GeV}$** .
- **Behaves like DE/DM** for FLRW background and large-scale linear perturbation.
- Ghost inflation predicts **large non-Gaussianity** and is still consistent with Planck data.
- **It appears easy but is actually difficult to violate the generalized 2nd law by ghost condensate.** (Mukohyama 2009, 2010)
- **de Sitter entropy bound appears to be violated but is actually satisfied by ghost inflation in our universe with tiny DE/cc.**
- If the DE/cc decays to zero in the future then **$O(1)$ deviation from EFT is expected only after the universe becomes at least $\exp(10^{42})$ times bigger than now.**

Higgs mechanism

Ghost condensate

Arkani-Hamed, Cheng, Luty and Mukohyama 2004

Order parameter



Instability

$$-\frac{1}{2}m^2\Phi^2$$

$$-\frac{1}{2}M^2\dot{\phi}^2$$

Condensate

$$V'=0, V''>0$$

$$P'=0, P''>0$$

Broken symmetry

Gauge symmetry

Time translational symmetry

Force to be modified

Gauge force

Gravity

New force law

Yukawa type

Newton+Oscillation

Thank you very much!

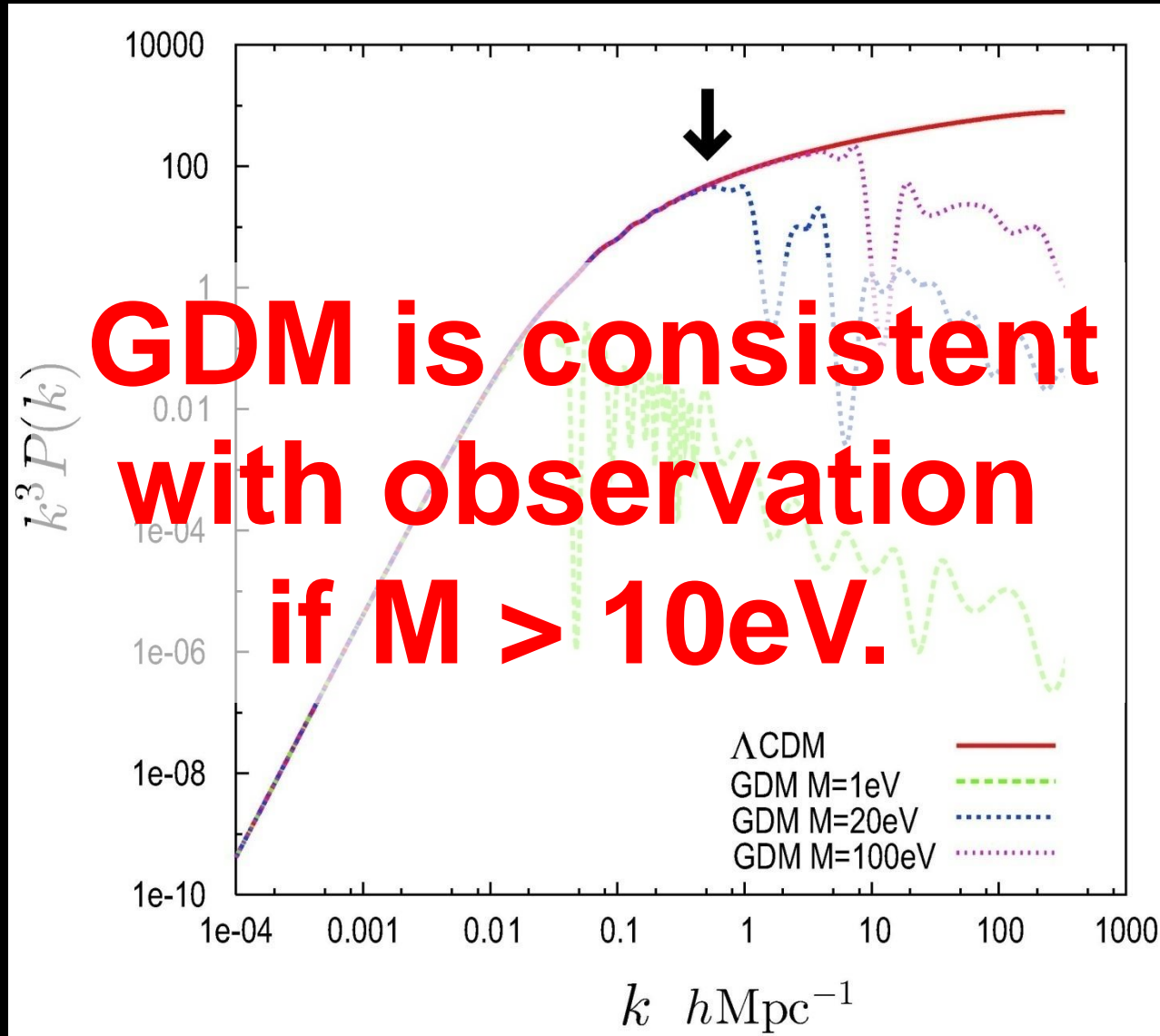
BACKUP SLIDES

GDM as all DM?

Furukawa, Yokoyama, Ichiki, Sugiyama and Mukohyama 2010

- Standard CDM has $P=0$ and $c_s^2=0$.
- $P_{\text{GDM}} \sim \rho_{\text{GDM}}^2/M^4$ and $c_s^2 \sim 2\rho_{\text{GDM}}/M^4$ are small but non-zero.
- Let's suppose that ghost dark matter is responsible for all DM in the universe.
- $P_{\text{GDM}}/\rho_{\text{GDM}} \sim \rho_{\text{GDM}}/M^4 \ll 1$ all the way to matter-radiation equality $\rightarrow M > 1\text{eV}$
- $L_J \sim c_s/(aH) < 1\text{Mpc}$ all the way to matter-radiation equality $\rightarrow M > 10\text{eV}$

Matter power spectrum



Extension to FLRW background

Creminelli, Luty, Nicolis, Senatore 2006

Cheung, Creminelli, Fitzpatrick, Kaplan, Senatore 2007

- Action invariant under $x^i \rightarrow x^i(t, \mathbf{x})$
- Ingredients

$$g_{\mu\nu} \quad g^{\mu\nu} \quad R_{\mu\nu\rho\sigma} \quad \nabla_{\mu}$$

t & its derivatives

- 1st derivative of t

$$\partial_{\mu} t = \delta_{\mu}^0$$
$$n_{\mu} = \frac{\partial_{\mu} t}{\sqrt{-g^{\mu\nu} \partial_{\mu} t \partial_{\nu} t}} = \frac{\delta_{\mu}^0}{\sqrt{-g^{00}}}$$
$$g^{00}$$
$$h_{\mu\nu} = g_{\mu\nu} + n_{\mu} n_{\nu}$$

- 2nd derivative of t

$$K_{\mu\nu} \equiv h_{\mu}^{\rho} \nabla_{\rho} n_{\nu}$$

Unitary gauge action

$$I = \int d^4x \sqrt{-g} L(t, \delta_\mu^0, K_{\mu\nu}, g_{\mu\nu}, g^{\mu\nu}, \nabla_\mu, R_{\mu\nu\rho\sigma})$$



derivative & perturbative expansions

$$I = M_{Pl}^2 \int dx^4 \sqrt{-g} \left[\frac{1}{2} R + c_1(t) + c_2(t) g^{00} + L^{(2)}(\tilde{\delta}g^{00}, \tilde{\delta}K_{\mu\nu}, \tilde{\delta}R_{\mu\nu\rho\sigma}; t, g_{\mu\nu}, g^{\mu\nu}, \nabla_\mu) \right]$$

$$L^{(2)} = \lambda_1(t) (\tilde{\delta}g^{00})^2 + \lambda_2(t) (\tilde{\delta}g^{00})^3 + \lambda_3(t) \tilde{\delta}g^{00} \tilde{\delta}K_\mu^\mu + \lambda_4(t) (\tilde{\delta}K_\mu^\mu)^2 + \lambda_5(t) \tilde{\delta}K_\nu^\mu \tilde{\delta}K_\mu^\nu + \dots$$

NG boson

- Undo unitary gauge $t \rightarrow \tilde{t} = t - \pi(\tilde{t}, \vec{x})$

$$H(t) \rightarrow H(t + \pi), \quad \dot{H}(t) \rightarrow \dot{H}(t + \pi),$$

$$\lambda_i(t) \rightarrow \lambda_i(t + \pi), \quad a(t) \rightarrow a(t + \pi),$$

$$\delta_{\mu}^0 \rightarrow (1 + \dot{\pi})\delta_{\mu}^0 + \delta_{\mu}^i \partial_i \pi,$$

- NG boson in decoupling (subhorizon) limit

$$I_{\pi} = M_{Pl}^2 \int dt d^3 \vec{x} a^3 \left\{ -\frac{\dot{H}}{c_s^2} \left(\dot{\pi}^2 - c_s^2 \frac{(\partial_i \pi)^2}{a^2} \right) \right. \\ \left. - \dot{H} \left(\frac{1}{c_s^2} - 1 \right) \left(\frac{c_3}{c_s^2} \dot{\pi}^3 - \dot{\pi} \frac{(\partial_i \pi)^2}{a^2} \right) + O(\pi^4, \tilde{\epsilon}^2) + L_{\tilde{\delta}K, \tilde{\delta}R}^{(2)} \right\}$$

$$\frac{1}{c_s^2} = 1 - \frac{4\lambda_1}{\dot{H}}, \quad c_3 = c_s^2 - \frac{8c_s^2 \lambda_2}{-\dot{H}} \left(\frac{1}{c_s^2} - 1 \right)^{-1}$$